



TRIPLE CITIES HIKING CLUB



P.O Box 22, Johnson City, NY 13790

NEWSLETTER & SCHEDULE SPRING 2006

March 4 to June 25

HIKE SUMMARY

Mar 4	Saturday	OPEN
Mar 5	Sunday	Vestal Rail Trail
Mar 10 - 12	Fri, Sat Sun	Adirondack Winter Weekend
Mar 12	Sunday	Jones Park
Mar 18	Saturday	Spring FLT Maintenance Hike
Mar 19	Sunday	Brickyard
Mar 25	Saturday	Peekamoose Mountain
Mar 26	Sunday	Hawkins Pond
Apr 1	Saturday	Finger Lakes Trail-Map 12
Apr 2	Sunday	Whitney Point Levee and Dam
Apr 8	Saturday	Gilbert Lake State Park
Apr 9	Sunday	Chenango Valley State Park
Apr 15	Saturday	FLT map M29
Apr 16	Sunday	Easter Holiday Consensus Hike
Apr 22	Saturday	FLT Map 28
Apr 23	Sunday	Marsh Pond
Apr 29	Saturday	FLT Map 11
Apr 30	Sunday	Toman Farm
May 5-7	Fri, Sat, Sun	FLTC Spring Meeting/Hike
May 7	Sunday	Oakley Corners
May 13 - 14	Sat, Sun	FLT Weekend
May 14	Sunday	Hawkins Pond
May 20 - 22	Sat, Sun, Mon	Adirondacks Weekend
May 21	Sunday	Jenksville State Forest
May 27	Saturday	OPEN
May 28	Sunday	Memorial Day Weekend Consensus Hike
June 3	Saturday	National Trails Day
June 4	Sunday	Aqua Terra
June 10	Saturday	Taylor Valley State Forest
June 11	Sunday	Wolfe Park
June 17	Saturday	Long Path
June 18	Sunday	Waterman Glen
June 24	Saturday	Golden Eagle Trail
June 25	Sunday	Toman Farm

(***) For Saturday dates for which no outings are planned, check the TCHC e-group for postings about impromptu hike arrangements. ALSO, prior to attending any hikes we suggest that you check the TCHC website at www.tier.net/users/tchc/ or the Thursday Good Times section in the Press for any recent changes to the schedule.

HIKE INFORMATION

Instructions for Hikers:

- The Sunday hikes are generally easier, shorter hikes, appropriate for beginner hikers, while Saturday hikes are more challenging, longer hikes, and should not be attempted by the novice hiker. All hikers should wear boots or sneakers appropriate for the weather and hiking conditions. Hikers who are not dressed appropriately for safety or who do not have adequate experience for Saturday hikes may be turned away from the day's hike at the hike leader's discretion.
- Hiking involves certain inherent hazards, and persons participating do so **at their own risk**.
- No pets are permitted on hikes.
- No alcoholic beverages may be taken on hikes.